



Health & Wellness

Referral form

**Better
for life**

Health & Wellness Centre Locations

Carmelite

7 Spence Avenue,
Myrtle Bank SA 5064

8433 0475

carmelite.hws@southerncrosscare.com.au

The Philip Kennedy Centre

20 Wigley Street,
Largs Bay SA 5016

8242 2985

pkc.hws@southerncrosscare.com.au

The Pines

336 Marion Road,
North Plympton SA 5037

8179 6825

pines.hws@southerncrosscare.com.au



Health
& Wellness



Referral form

Referring clinician	
Address (or stamp)	
Email	
Phone	Fax

Client's surname	
First name	
Referred for (check as many as required)	
<input type="checkbox"/> Continued treatment	<input type="checkbox"/> Strength & balance conditioning
<input type="checkbox"/> Mobility conditioning	<input type="checkbox"/> Range of motion conditioning
<input type="checkbox"/> Disease management	
<input type="checkbox"/> Other (please describe)	
Brief history	
Has the detailed client history been forwarded to the Southern Cross Care Health & Wellness team <input type="checkbox"/> Yes <input type="checkbox"/> No	
Clinician suggestions and considerations:	

Whether you're recovering from an illness or injury, need support to manage a chronic condition, or are just looking to stay fit and healthy, Southern Cross Care's Health & Wellness therapists and clinicians are here to assist.

Special offer for new customers



Try our range of services for FREE*. Book today to receive a health assessment and a week of group fitness classes.

One of our friendly staff members is ready to take your booking, answer any of your questions and discuss timetables and funding options.

Phone 1800 852 772 or visit us online at southerncrosscare.com.au/health-wellness

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***T&C's**

1. All sessions must be booked in advance. 2. To participate in group classes, your health assessment is essential. Please book in advance. 3. The following classes are not part of this offer: Hydrotherapy, Diabetes and/or Parkinson group. 4. Offer valid for 2 weeks following hospital or out patient discharge. If you can't meet the time requirement please contact us to discuss. 5. Offer only valid for new Health & Wellness Services customers. 6. Offer non-transferable or redeemable for money.