

# Health & Wellness Bundles



Book an 8 or 26 week bundle & save 10%

Our new Community Health & Wellness Bundles can help you recover from an illness or injury, give you or a loved one a well deserved break, or simply live a healthier and more active life.

	Short-term Health Restoration (\$2495)	Long-term Health Restoration (\$3410)	Short-term Health Guide (\$770)	Long-term Health Guide (\$1680)
Initial Health Assessment	●	●	●	●
8 Weeks	●		●	
26 Weeks		●		●
3 Services Per Week		●	●	●
4 Services Per Week	●			

One of the great benefits of these bundles is that you can mix and match services to suit your individual needs. Available services include;



Physiotherapy



Podiatry



Dietetics



Group Therapy



Exercise classes



Respite



Transport



Social Support

Plus you'll save 10% by bundling your services.

To find out more call 1800 852 772

[southerncrosscare.com.au](http://southerncrosscare.com.au) |

Better  
for life®

